

Are you a Fast or Slow Entrepreneur? Take the Quiz to Find Out.

INSTRUCTIONS: PRINT THIS PDF. THEN, IN EACH ROW, MARK 'X' NEXT TO THE OPTION THAT MOST SOUNDS LIKE YOU.			
	X		X
I am constantly rushed.		I work at a pace that feels good.	
My work makes me feel stressed.		My work makes me feel fulfilled.	
I create little time for leisure.		I enjoy a fair amount of personal time.	
Saying "no" is difficult for me.		Saying "no" is my default answer.	
I prefer to do things quickly.		I prefer to do things well.	
I feel underpaid and bitter.		I feel well-compensated and satisfied.	
I compromise rest to get work done.		I prioritize rest in order to work well.	
I often feel tired.		I often feel energized.	
I have concerns about slowing down.		I know that slowing down is productive.	
It bothers me when my work isn't perfect.		I'm okay with my work being imperfect.	
My work can feel hard + tedious.		I've set-up smart + efficient systems.	
I often burn the midnight oil.		I'm rarely still up at midnight!	
ADD-UP X'S IN THIS COLUMN:		ADD-UP X'S IN THIS COLUMN:	

<p style="text-align: center;">YOU MIGHT BE A <i>FAST ENTREPRENEUR</i>:</p> <p>If the number of X's in this column is greater than the number of X's in the right column, you most likely have not integrated slow practices into your business.</p>	<p style="text-align: center;">YOU MIGHT BE A <i>SLOW ENTREPRENEUR</i>:</p> <p>If the number of X's in this column is greater than the number of X's in the left column, you most likely have integrated slow practices into your business.</p>
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READY, SET, SLOW

Whether you're a *Fast Entrepreneur* just beginning your slow journey, or a *Slow Entrepreneur* well along the way, we've designed a challenge series to help you introduce more slow practices into your workflow.

WWW.SLOWENTREPRENEUR.COM/SHOP/TUNE-UP-CHALLENGE-SERIES